**THE K’S**

**RELEASE NEW SINGLE**

**“HELEN, OH I”**

**LISTEN** [**HERE**](https://theks.os.fan/)

**AHEAD OF THEIR NEW ALBUM**

**‘PRETTY ON THE INTERNET’**

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High res assets [HERE](https://www.dropbox.com/scl/fo/a7lz74b6fiint3l5w45or/h?rlkey=xkwcfmyuws1kl86uc6pagoz1i&st=59dbbb4m&dl=0)

**Just a day into their ‘Pretty On The Internet’tour*,* The K’s release their third single of the year, “Helen, Oh I”, out now via LAB Records. Listen** [**here**](https://theks.os.fan/)**.**

**“Helen, Oh I”**comes ahead of the release of their sophomore album, ‘Pretty On The Internet’*,* out 27th June, which is available to pre-order [here](https://theks.os.fan/) and is produced by Grammy Award winner Jim Lowe (Stereophonics, The Dandy Warhols) and mixed by Pete Hutchings (Royal Blood, Foals, Nothing But Thieves).

Although **The K**’s have become known for their signature upbeat, catchy melodies, they wear their heart on their sleeve when it comes to the lyrics. While still having their unmistakable tone, “Helen, Oh I”is a ballad that shows another side to the band with the stunning strings arrangement. The story of the song is deeply personal and reflective for frontman Jamie Boyle.

*““Helen, Oh I”* *is a song I wrote reflecting a particularly chaotic and turbulent period in my life. During this time, I found myself struggling to balance the demands of a newfound life on the road while desperately trying to maintain the stability of my life at home.”* Jamie continues, *“It’s no secret to anyone who knows me that I have a tendency to lean into self-destructive behaviors or seek out cheap distractions, even if they come at the cost of significant damage instead of confronting the deeper issues at hand. I would often opt for temporary escapes, letting everything around me unravel as a result and “Helen, Oh I” is written about my realisation of this when looking back on things I’ve done or the way I’ve behaved in certain situations and realising the damage is done and it’s too late to change it.”*

The four-piece, made up of **Jamie Boyle** (vocals/guitar), **Ryan Breslin** (guitar/keyboards), **Dexter Baker** (bass) and **Nathan Peers** (drums) are currently on their UK and Ireland headline tour after they kicked things off in Belfast last night and will be playing multiple dates around the rest of the country including London’s iconic Roundhouse on 13th May before wrapping in Newcastle on 22nd May. The last remaining tickets are available [HERE](https://theks.os.fan/). Just back from playing this year’s SXSW in Texas, following the headline shows they will kick off their run of festival appearances including The Great Escape, Neighbourhood Weekender, TRNSMT Festival and Spain’s Benicàssim Festival.

The K’s swiftly became one of the most exciting and successful new British bands of last year with sold out headline tours, various main stage festival shows and a #3 Official Charts Album. Their debut album, ‘I Wonder If The World Knows?’,was only kept off the top spot by The Libertines and Beyoncé and was the UK’s second biggest debut of 2024. The album has since gone Bronze in less than a year. On the back of the incredible success of the album release, The K’s continued their huge run of shows last year, performing across multiple festivals, including main stage Reading & Leeds, Isle Of Wight Festival, Camp Bestival, Truck Festival and Kendal Calling.

**‘Pretty On The Internet’ Tour**

16th April – Whelan’s, Dublin

18th April – Great Hall, Cardiff

25th April – Octagon Centre, Sheffield

26th April – Asylum, Hull University Union, Hull

8th May – Rock City, Nottingham

9th May – O2 Academy, Birmingham

10th May – O2 Academy, Leeds

13th May – Roundhouse, London

17th May – O2 Academy, Bristol

22nd May – O2 City Hall, Newcastle

All dates and tickets [here](https://theks.band/tour/).

**For more information:**

[Website](https://theksareonfire.com/) | [Facebook](https://www.facebook.com/theksofficial/) | [Instagram](https://www.instagram.com/theksofficial/?hl=en) | [TikTok](https://www.tiktok.com/@theksofficial) | [YouTube](https://www.youtube.com/channel/UCpLvJDAiYo-qOeV5UZhzwUQ) | [Spotify](https://open.spotify.com/artist/6DlKk9ibc9dCgvyNPGNXdH)

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